

# Twin Cities Regional Breastfeeding Coalition (TCRBC)

## Schools Cultural Support

Brainstorm ideas on how we can integrate breastfeeding into the school’s culture

School’s name: \_\_\_\_\_

Date: \_\_\_\_\_

Idea	Details	Notes	Potential Cost
Lunch & Learn	Co-present Lunch & Learn content to help create a culture of lactation support.	Student culinary program prepares the food for the event.	Food
School Lactation Mentor	Staff or group of staff formally identified as champions. Good be Wellness Champion or other.	That person or group makes themselves available to do one-to-one schedule and space consults for staff before and/or after parenting leave.	Staff Time